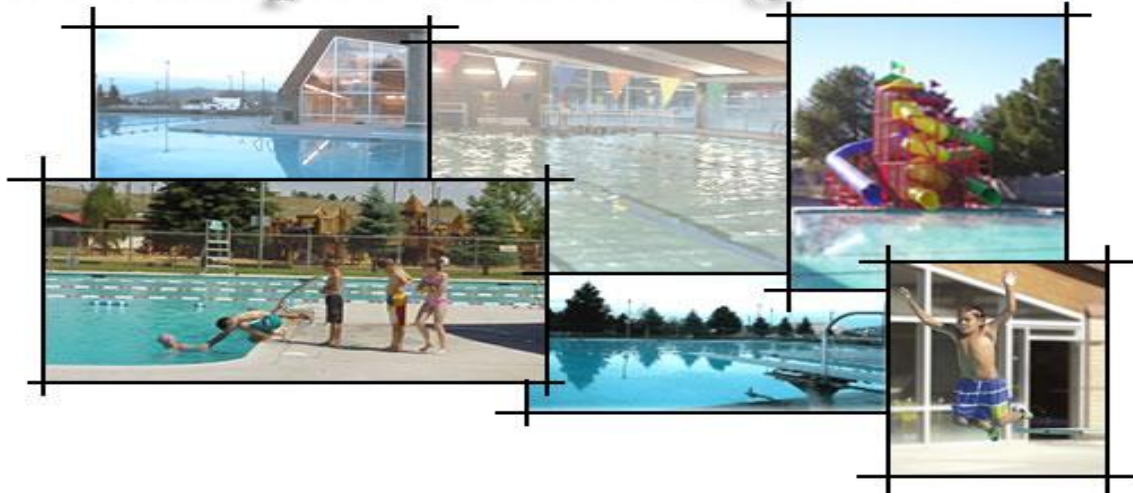


Municipal Swimming Pool



WSI Course

Prerequisites:

Must be 16 years of age

Take a Fundamentals of Instructor Teaching course (FIT) (see class time below)

Swim the following strokes:

***Front crawl 25yds.**

***Back Crawl 25yds.**

***Breaststroke 25yds.**

***Elementary Backstroke 25yds.**

***Sidestroke 25yds.**

***Butterfly 15yds.**

Maintain position on back 1 min. in deep water

Tread water 1 min.

Precourse: Pre-course Monday May 17, 2010 (after the FIT course)

At the Elko Swimming Pool

Payment is required after passing the pre-course.

Cost: \$140.00 (this includes your books and other materials)

Monday, May 17	5:30 pm – 8:30 pm
Wednesday, May 19	5:30 pm – 8:30 pm
Thursday, May 20	5:30 pm – 8:30 pm
Monday, May 24	5:30 pm – 8:30 pm
Wednesday, May 26	5:30 pm – 8:30 pm
Thursday, May 27	5:30 pm – 8:30 pm

Sign ups start: Now by calling 777-7290 and leave a message with your name and telephone number, or email swimmingpool@frontiernet.net

***A FIT (Fundamentals of Instructor Training) course will be taught Monday May 17 from 5:30-8:30 p.m.** Bring your swimsuit. You must have a FIT course to be enrolled in the WSI class.**