

City of Elko Swimming Pool Lifeguarding Class

Dates: April 26 - May 19, 2017

Pre-course Date: **Wednesday April 26 from 6:00pm-7:30pm at the Elko Pool**

Class Dates (100% Attendance required):

Wednesday April 26: 6-7:30 pm

Sunday April 30: 9-11:30 & 1:00-3:30 pm

Monday May 1: 6:00-9:00 p.m.

Tuesday May 2: 6:00-9:00 p.m.

Wednesday May 3: 6:00-9:00 p.m.

Thursday May 4: 6:00-9:00 p.m.

Monday May 8: 6:00-9:00 p.m.

Tuesday May 9: 6:00-9:00 p.m.

Prerequisites:

*Minimum of 15 years

*Swim 300 yards continuously using crawl and breast stroke only

*Starting in the water swim 20 yards using front crawl or breaststroke, surface dive 7-10ft., retrieve a 10 lb. object, return to the surface swim 20 yards to the starting point with the object and exit the water without using ladder or steps within 1min. 40 sec.

*Tread water for 2 minutes, no hands

Cost:

*\$175.00 (includes Lifeguarding book, pocket mask and other materials). You are required to pay after passing the pre-course. \$25.00 sign up fee (this will be taken off of cost of class when you pass pre-course). Non-refundable if you no-show or don't cancel before April 27th.

Certification Requirements:

*Attend all class sessions

*Demonstrate competency in all required skills and activities

*Demonstrate competency in the 3 final skills scenarios

*Correctly answer at least 80% on the final written exam

**For more information contact Nikki Johnson at 777-7290

Sign up at the Swimming Pool starting April 3, 2017

(you may only sign up for yourself, not your friends)

This course is for the participants only, the class times are closed to the public. Applications will be given out at the end of the course. This course is for a Lifeguard certification only, to be considered for employment by the City of Elko you will need to apply and go through the hiring process.